

Catholic Homes

OUT & ABOUT

DECEMBER 2024

Remembrance Day

The spirit of Remembrance Day was alive and well within our community.

Melbourne Cup

We came together to celebrate Australia's favourite race day in style.

Christmas decorating

Residents showing some festive spirit by helping decorate their homes.





Welcome to our December edition

November was another fun-filled busy month for our residences.

We all hosted celebrations for Melbourne Cup, including grand luncheons where everyone watched the race. Our residents all dressed to impress in their dresses, frocks, shirts and fascinators.

We held memorial ceremonies for Remembrance Day, where everyone took a moment to remember those who served our Country.

With the weather warming up we all enjoyed many bus trips and activities outside.

Our residents started preparing for the festive season, helping to decorate their homes to get into the Christmas spirit.

We wish everyone a safe and happy holiday and look forward to January's edition.



TRINITY

Remembrance Day service

We had our Remembrance Day service on Monday 11th November and it really went well.

The Remembrance Day service at Trinity Village commenced with a moment for reflection and gratitude. As the MC for the event, I was privileged to make this ceremony truly special. The service began with a warm welcome followed by a series of readings. The highlights of the ceremony was the participation of several of our residents.

The service concluded with the laying of the wreath, a symbolic gesture of remembrance and respect.

As we gathered together to honour the fallen, it was clear that the spirit of Remembrance Day was alive and well within our community. Our talented pianist provided a beautiful musical backdrop, enhancing the atmosphere of reverence and respect. Her skilful playing added a touch of elegance to the ceremony.

Following the ceremony, we gathered for a warm and comforting morning tea. This provided an opportunity for our residents to connect, share stories and continue the spirit of remembrance.



The service began with a warm welcome followed by a series of readings.

SISTER MARY GLOWREY

Intergenerational playgroup adventure

This month, our intergenerational playgroup embarked on an underwater adventure with a special Under the Sea theme!

The room was beautifully decorated with handmade jellyfish, crafted by our talented Wellness team, which added a magical touch to the space. The vibrant, flowing jellyfish created an ocean-like atmosphere that both the children and seniors adored.

A variety of activities brought the theme to life, with games and books that captivated everyone. The children and seniors enjoyed a lively game of fishing and reading tales of ocean adventures.

It was heart-warming to see different generations coming together to share in the joy of creativity and play. The laughter, bonding, and memories created during this special event truly demonstrated the power of intergenerational connections.

We look forward to more fun and engaging experiences like this in the future, where everyone can dive into new adventures together!

The room was beautifully decorated with handmade jellyfish.



*It is really starting
to look like Christmas.*



Christmas preparations

Christmas prep is well under way at SMG.

With many craft activities, decorations, lights and tress going up. It is really starting to look like Christmas.

Trip to a floral exhibition

The ladies enjoyed a truly lovely day out at a floral exhibition.

Each display was thoughtfully arranged, with intricate designs that highlighted the beauty and diversity of nature.

We wandered through the hall, taking our time to admire the artistry of each floral arrangement. The flowers seemed to tell their own stories, with some displays evoking feelings of peace and serenity, while others were bold and dramatic, capturing the essence of creativity and passion.



OCEAN STAR

Celebrating Pastoral Care Week

This month we celebrated Pastoral Care Week with a morning tea.

Residences and families joined for a sunny morning tea in the garden. The priest and special ministers visited to say a few words.

The morning was topped off with a lovely cake that Hannah baked for us all to share. It was a great morning spent with loved ones.





Memorial and Remembrance Day service

We hosted a combined Memorial and Remembrance Day service, remembering residents who have passed on and the sacrifice and service for the war efforts.

It was a lovely morning, with staff and residents assisting in making the day special and memorable for all.

We had our two veteran men assist with special tasks. Fred with the raising of the flag by Matthew and Peter was assisted by his son to lay the wreath.

“We had our two veteran men assist with special tasks.”



ST VINCENT'S

Remembrance Day

This year, we are very honoured to have Julie from RSL to facilitate the Remembrance Day Service and have Liam from Curtin University to play the trumpet for

the Last Post for us. All residents were able to take a rosemary and pay tribute to those who served in the war. Lest we forget.



Birthdays

Our residents certainly enjoy birthday celebrations!

The residents all gathered during Happy Hour to celebrate and wish a happy birthday to those who are born in November.



Christmas decoration

It's almost that time of the year!

Our residents made a Santa Clause and helped out with the tree decoration in preparation for Christmas.

We are excited and ready for Christmas!



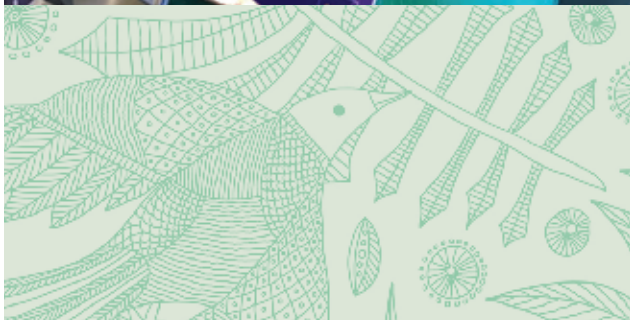
Care with purpose job role

One of our residents' Care with Purpose job roles is writing a poem for the newsletter.

This month, she wrote a poem about tea.

Catholic Homes can bring you tea
It has the possibility
of changing lives
with a finely taste
You would not leave
not even in haste
With a small finger lifted
and a heartfelt smile
a teabag lifts our mood with style!

By Valerie Laughton



Moustache Movember

This month, we celebrated Movember during Happy Hour to raise awareness of men's health issues.

All residents put a moustache on their face and got to know the history and background knowledge about Movember. Residents all appreciated the event and have learnt more about Movember.

MELBOURNE CUP

Melbourne Cup celebrations

Ocean Star

Melbourne Cup as always is a big event with residents getting dressed up for the occasion.

We had a great day, a hush as the horses took off, but the crowd grew louder as the race progressed with shouts of encouragement as the horses hit the straight. Our best dressed prizes went to Annie and John.

Archbishop Goody

We celebrated Melbourne Cup with a special lunch and watching the races on the telly.

St Vincent's

We celebrated the Melbourne Cup with a fashion parade and a high tea.

All residents dressed up by putting on their fascinators and hats to celebrate the event with us! Our Facility Manager even brought her own horse to the show.

Trinity

We enjoyed a lovely luncheon for the Melbourne Cup.

The room was set up festively with horse balloons, flowers, and horse table clothes. It was a great day, and everyone dressed up in their lovely frocks and fascinators to watch the big race.

Melbourne Cup as always is a big event with residents getting dressed up for the occasion.

OCEAN STAR



ARCHBISHOP GOODY



ST VINCENT'S



TRINITY



SISTER MARY GLOWREY



What an unforgettable Melbourne Cup celebration we had!

The day was packed with fun, fashion, and excitement, as we came together to honour Australia's favourite race day in style.

Hat Parade and Best Dressed competition

Our guests turned heads with their stunning race-day ensembles, and the Hat Parade was a true highlight! From oversized fascinators to classic wide-brimmed beauties, the creativity was on full display. The competition for the Best Dressed was fierce, with fabulous prizes going to those who truly embraced the Melbourne Cup spirit.

Gourmet food and refreshing drinks

The food and drinks were simply incredible. Guests enjoyed an array of gourmet bites that kept the energy high

throughout the day, while our refreshing drinks flowed generously. Whether sipping on bubbly or soft drink, everyone was well taken care of as we celebrated in style.

Sweep and Race

The excitement reached its peak as we hosted our own Sweep and Race event. Everyone got involved in the fun, with our sweep drawing adding an extra layer of thrill to the race.

As the big event unfolded live on screen, cheers erupted as we followed our chosen horses to the finish line.

It was a fantastic day of great company, unforgettable fashion, delicious food, and the thrill of the race. Thank you to everyone who joined us at Sister Mary Glowrey for a Melbourne Cup celebration to remember!

ARCHBISHOP GOODY



BBQ's at Neil Hawkins Park

Residents enjoyed a BBQ at Neil Hawkins Park in Joondalup.

We all took in the lovely scenery and Ian loved helping to cook the sausages.



CASTLEDARE

Spring afternoons

On a beautiful sunny day with a slight ocean breeze, Brian our volunteer got the buggy out and took a few residents out for a drive along the stunning ocean views of the Indian Ocean. How blessed we are to have it right on our doorstep.



Monthly bus trips

Two standout bus trips were to Evendon Lakeside for a Devonshire tea, a scenic drive in the Ferguson Valley and Watersedge Café with a view of the Preston River flowing into Koombana bay.



OCEAN STAR

Silvertone's concert

We had the pleasure of having the Silverstone's come and do a Friday concert for us, the residents loved it, singing along and even having a go on the microphone. Go Barbara!



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Spring afternoons

On a beautiful sunny day with a slight ocean breeze, Brian one of our volunteers got our buggy out to take a few residents for a drive. It was a great afternoon spent going for a drive in the fresh salty air and taking in the views of our coastline.

How blessed we are to have it right on our doorstep. We will look forward to many more drives on the buggy this summer.



CASTLEDARE

Armchair travel to Scotland

This month our residents were transported to Scotland from the comfort of their chairs.

The room was adorned in blue and white balloons to symbolise their flag. Residents participated in a quiz to help them learn about Scottish culture and history whilst enjoying a lovely afternoon tea.

It was a lovely afternoon.



November birthdays

This month we celebrated many of our residents' birthdays with a joint birthday party.

The room was decorated with balloons. Everyone celebrated by singing and dancing.

Happy Birthday to Sheryl Coyle, John Fitzpatrick, Penny Parsons, Johanna Swarts and Meryl Thomson.

ARCHBISHOP GOODY

Playing golf

We learnt how to play golf this month.

Most of our residents were already masters and were hitting like pros!



TAFE visits

We started AMEP TAFE this semester, residents enjoy the many activities and social interaction with the different culture backgrounds and learning about the different cultures.

The students had a visit to our residence. We provided them with a show and tell of our residence including a tour of the residents rooms and gardens at our home.

“We provided them with a show and tell of our residence.”

Bowling day out

We returned to ten pin bowling in Morley this month.

It was a fantastic day out and the residents enjoyed the friendly competition. Desmond and Christina were our strike masters. After, we refuelled our bodies with lunch, with some enjoying Hungry Jacks.



Pet therapy

Our residents love when we have visits from furry friends.

Bungee the rabbit has been visiting every Friday. Bird watching in the Queen's Garden is another weekly activity our residents love to watch the local birds whilst enjoying a walk.

Blokes fishing trip

Some of our men enjoyed a fishing trip and lunch out at Bicton. Everyone enjoyed the beautiful view and each other's company whilst waiting for the fish to take a bite at their bait.



OUR RESIDENTS

Meet Ian

My name is Ian, and I was born in Thornaby, Yorkshire, England. I moved to Australia at 10, living in Melbourne for about a year before moving to Perth with my family.

I attended Kenwick Primary School and St Thomas' Primary School in Claremont. Finally, I attended Hollywood Senior High School in Perth, where I completed my High School Certificate (Year 10 level). I then completed my 5-year motor mechanics and electrical course, including apprenticeship with City Motors.

I enjoyed working as a mechanic for many years, although I decided I needed a break. I gained a job at the Parmelia Hotel as a Porter before being promoted to Duty Manager, a position I held for four years, my name plate is currently on my room door. During this time, I met numerous celebrities/prominent people,

including Neil Diamond, ABBA, Sammy Davis Jr, Stevie Wonder, Sherbert, and Gough Whitlam.

I later worked in a similar role at various other hotels. Finally, I returned to my mechanical work and ran my mechanic workshop until I retired at age 74.

Some fun facts:

- My favourite movie is And God Created Woman
- If I could have dinner with anyone alive or passed, it would be the Prime Minister Anthony Albanese
- I love going for car race meetings, I used to do lots of drag racing
- My favourite food is crayfish
- I love being at Catholic Homes because everything here is great

*My advice is:
be happy and
talkative!*



PUZZLE OF THE MONTH

Word search finder

How many words can you find in the word search?

The words in the puzzle may be hidden horizontally, vertically, diagonally, forward, or backward.

Circle the words and cross them off the list when you've found them.



Summer

Barbecue
Beach
Coconut
Crab
Flip-flops
Frisbee
Hammock
Hot
Ice cream
Kite

Lifeguard
Ocean
Palm tree
Picnic
Pool
Popsicle
Sailboat
Sandcastle
Seashells
Snorkel

Sun
Sunglasses
Sunshine
Surfboard
Swim
Swimsuit
Towel
Vacation
Watermelon
Waves

Follow us on Social Media

We all love a laugh and we're always on the lookout for fun stories and photos. You're invited to share yours too on socials.



Share your stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited. Drop us a line at catholichomes@catholichomes.com



Next edition

January 2025

Keep an eye out for the next edition of "Out & About".

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